

Здоров'я. Медицина

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Відкритий урок з англійської мови у 7В класі закладу «Фізико-математична гімназія №17ВМР»

04.12.2014

Тема : Здоров'я. Медицина.

Мета: Узагальнення знань і навичок по темі.

Обладнання: Підручник, НО "Health. Medicine.", мультимедійна дошка, комп'ютер .

Хід уроку:

1. Greetings

Teacher: Hello children. Nice to see you.

Pupils: Hello teacher. Nice to see you too.

T: Thank you, sit down.

2. Warmming_____

T.: To start with, let's guess the topic of the lesson by solving the crossword.

When a head aches, it is a ... (headache)

When an ear aches, it is an ...(earache)

A special automobile which carries critically-ill patients to hospital is an ... (ambulance)

A hospital unit which does tests to diagnose a patient's illness is a ... (laboratory)

When a tooth aches, it is a ... (toothache)

When a heart aches, it is a ... (heartache/ heart pain)

(Слова з'являються на екрані поступово, після того як учні вгадують їх)

So, what is the topic of the lesson? Yes, it is "Health".

3. The main part of the lesson

1) T: And now guess what the slogan of most people of the world is.

H_____ is b_____ than w_____

(На екрані – шифрований варіант гасла. Повністю гасло висвітлюється на дошці, коли учні його називають).

Health is better than wealth.

2) T: And why is it so necessary to have good health?

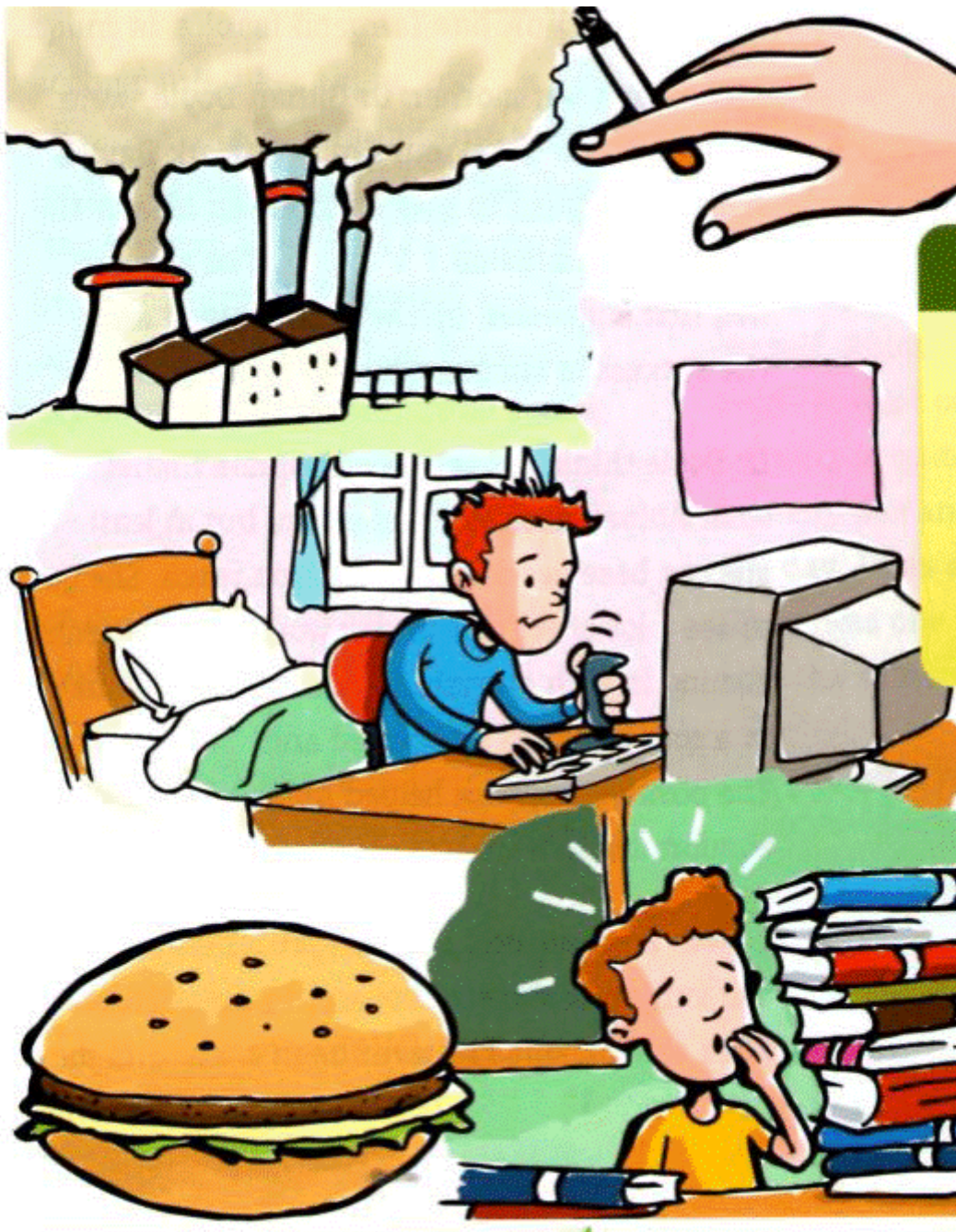
(Possible answers of the pupils:

- Healthy people are **free from pains.**
- Healthy people are **free from aches.**
- Healthy people are **free from illnesses.**
- Healthy people are **free from diseases.**
- Healthy people are **free from injuries.**
- Healthy people are **free mentally.**
- Healthy people are **active.**
- Healthy people are **optimistic.**
- Healthy people are **energetic.**
- Healthy people are **friendly.**
- Healthy people are **sporty.**
- Healthy people are **resistant to diseases.**
- They have **flexible bodies.**
- They have **strong bodies.**
- They have **guts.**
- They have **stamina.**
- They have **agility.**
- They have **endurance.**

- They look **attractive**.
- They look **young**.
- They look **attractive**.
- They look **happy**. Etc.)

3) T: I am quite sure that each of you would like to be young, attractive and happy. But what should we do or shouldn't we do for this. What are the **main rules of keeping fit and healthy?**

(На дошці - плакат про погані звички)



(Possible answers of the pupils:

All of us want to be healthy. If you want to feel well, **don't smoke, don't take drugs, don't drink alcohol**. Smoking and drinking of alcohol are harmful for our health. Taking drugs is

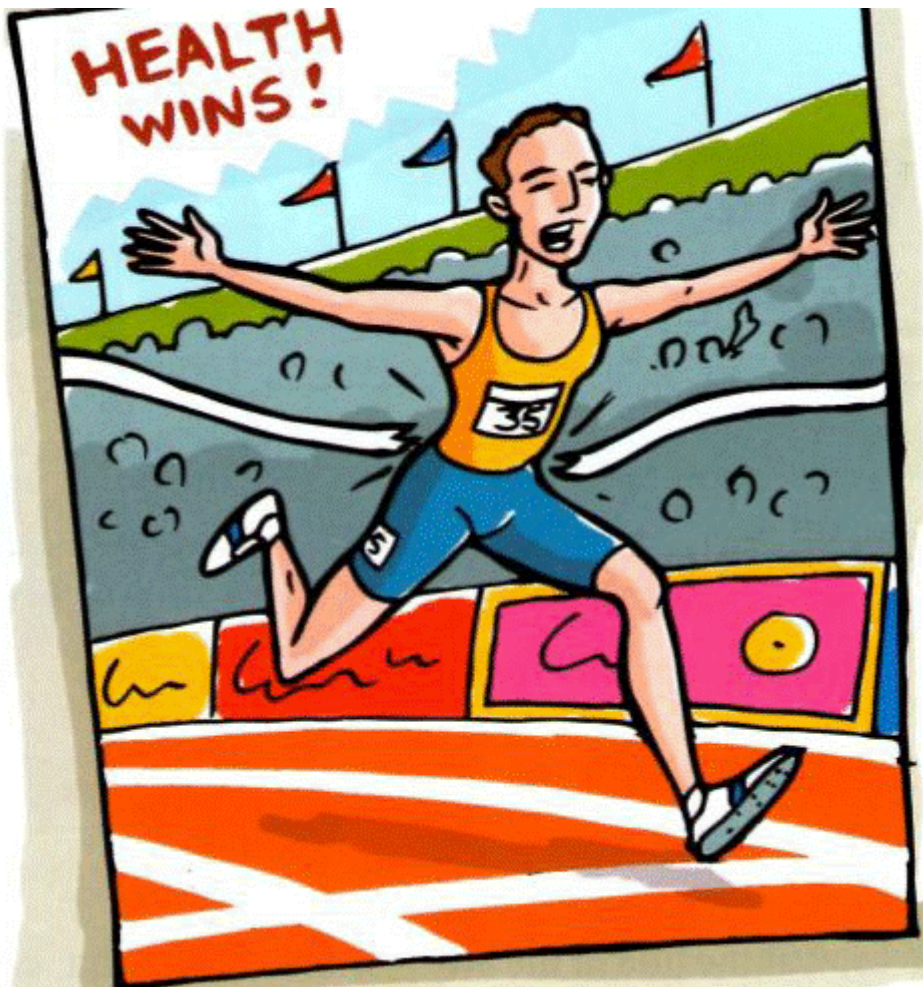
dangerous for us. You should **go to bed early** and **get up early**: you'll look and feel fresh. It's good to be active and to **spend a lot of time outdoors**. If you have a country house and work there once or twice a week- it's great. **Physical work** and **fresh air** will do you good. Keep to a diet of salad and fruit. Don't eat too much. **Eat healthy food**, try to **avoid junk food**. **Don't eat too much** or too little. And remember that we eat to live but **we don't live to eat**. They say that the **ecologically pure environment** plays an important role in our life too. We must try to save our health and to be resistant to diseases. So, follow these pieces of advice if you want to live long and happy life.)

4) T: What proverbs can help us to keep fit? Let each of you say the first part of the proverb and the class will complete it.

- 1. A sound mind** in a sound body.
- 2. After dinner sit a while**, after supper walk a mile.
- 3. An apple a day** keeps the doctor away.
- 4. Desperate diseases** must have desperate cures.
- 5. Early to bed and early to rise** makes a man healthy, wealthy and wise.
- 6. Good health** is above wealth.
- 7. Laughter** is the best medicine.
- 8. Live not to eat** but eat to live.
- 9. One hour's sleep before midnight** is worth two after
- 10. Coughs and sneezes** spread diseases.

5) T: What else can help us to become healthy and strong?

(На екрані - плакат "SPORT WINS



(Possible answers of the pupils: Sport helps us **become healthy and strong**. It keeps us in a **good mood**. Do you remember the proverb, "A sound mind in a sound body"? If you do morning exercises, you feel well during the day. Physical exercises **keep us fit** and we **look attractive**. Everybody knows that physically inactive people become older much quicker. So **sport prevents us from growing old**.

In my opinion sport is necessary in our lives because it **develops many good qualities** such as agility, endurance, stamina and collective spirit. Personally, I have PT lessons at school, do morning exercises, play basketball, volleyball and tennis.)

6) T: Are you sporty? Now we shall see how sporty you are. A group of our pupils has prepared some physical exercises for us. Let's join them.

(Зарядка транслюється на екрані дошки)

Pupil 1 - Now it's time to move with us.

Stand up! Ready? Then let's go! Follow us!

Pupil 2 - Arms up! Arms down!

Up and down! Up and down!

Pupil 1 - Hands on hips! Sit down!

Up and down! Up and down!

Pupil 2 - Hands on hips and now twist!

Twist! Twist! Twist! Twist!

Pupil 1 - Bend down! Straighten up!

Down! Up!

Down! Up!

Pupil 2 - Let's bend to the sides!

Bend left! Bend right!

Left! Right!

Left! Right!

Pupil 1,2 (together) And everything will be all right!

Pupil 1 - Breathe in! Breathe out!

Pupil 2 - Great!!! We hope these exercises will help you to be fit!

Pupil 1 - Thank you. Sit down!

7) T: At our lessons we spoke about some dangers we can meet at home, at school, in the street and gave recipes how not to get into accidents. So, what safety rules should you remember? Let's start with some **safety activities at home**. I will give you some **jigsaw sentences**. Your task is to make up sentences with the correct order of words.

1. from Never upper a pile to get shelf use boxes the of something.

(Never use a pile of boxes to get something from the upper shelf.)

2. ladder something upper Use to get shelf the from a

(Use a ladder to get something from the upper shelf.)

3. toys leave the floor shoes on Never things other and

(Never leave toys shoes and other things on the floor.)

4. its Keep place in everything

(Keep everything in its place.)

5. to prevent This falls help will you

(This will help you to prevent falls.)

6. in cuts rack keep To prevent knives a knife kitchen

(To prevent cuts keep kitchen knives in a knife rack.)

7. hands broken with pick bare Never up your glass

(Never pick up broken glass with your bare hands.)

8. away Keep children drugs from

(Keep drugs away from children.)

9. to medicines take Never belonging else someone

Never take medicines belonging to someone else)

10. must Electric carefully be tools too used

(Electric tools must be carefully used too.)

11. falls mat Use to prevent in rubber a bathroom the

(Use a rubber mat to prevent falls in the bathroom.)

(Вірні варіанти речень по черзі з'являються після відповіді учнів)

8) T.: Now name the safety activities at school. But for this you are to put the verbs in the correct form.

1. If you (to run) along the corridors, you (to fall) down and break your legs or arms.

If you run along the corridors, you will fall down and break your legs or arms.

2. If you (to push) your schoolmates, you (to hurt) them.

If you push your schoolmates, you will hurt them.

3. If he (to wing) his arms and legs, he (to hurt) somebody.

If he wings his arms and legs, he will hurt somebody.

4. If they (not to be) careful while climbing up and down the staircases, they (to fall) down and (to fracture) their legs and arms.

If they are not careful while climbing up and down the staircases, they will fall down and will fracture their legs and arms.

5. If you (to fight) with your schoolmates, you (to have) bruises and scratches.

If you fight with your schoolmates, you will have bruises and scratches.

6. If she (to throw) something on the floor, somebody (to fall) down because of this.

If she throws something on the floor, somebody will fall down because of this.

7. If we (to eat) our meals in the school canteen with dirty hands, we (to have) a stomachache.

If we eat our meals in the school canteen with dirty hands, we will have a stomachache.

If I (not to be) careful while having meals in the school canteen , I (to scald) other pupils with hot tea or soup.

If I am not careful while having meals in the school canteen , I will scald other pupils with hot tea or soup.

(Вірні варіанти речень по черзі з'являються після відповіді учнів)

9) T.: Now we shall speak about safety activities in the street. This time your task will be to complete the sentences.

1. Cross the streets only at _____ .(street crossings)

2. Obey _____ . (traffic lights)

3. Cross the street only when the light is _____ . (green)

4. Never cross the street when the light is _____.(red)

5. Before crossing the street _____ (stop) and look _____ .(both ways)

6. Go across the road _____ (quickly) but don't _____ .(run)

7. Never _____ (play) in the street.

(Вірні варіанти речень по черзі з'являються після відповіді учнів)

10) T: Well done! And now we are going to speak about those who devoted their lives to treating and curing people. What famous people of medicine do you know?

(Учні називають відомих людей в області медицини. Наприклад:

- Alexander Fleming – the discoverer of penicillin.
- The inventor of the stethoscope French doctor Rene Laennec.
- Wilhelm Roentgen – the discoverer of X – rays which help people to diagnose illnesses and injuries.
- Florence Nightingale – a nurse who saved many lives and brought reforms in hospital administration and in nursing.
- Amosov – a great Ukrainian cardiologist.

T: Now we'll watch the project prepared by a group of our pupils about one of the famous doctors whose name is dear to the citizens of Vinnytsia. (Проект учнів про Миколу Пірогова та місця, пов'язані з його ім'ям)

Project.

T.:- Did you like the project? So, what's the name of this famous doctor?

- How long did he live in the suburbs of Vinnytsia?
- What are some of his inventions? (ether narcosis, gypsum bandage to fixate fractures, white disinfected doctor's robe, a number of medical techniques and methods of surgical operations)
- What places of interest in Vinnytsia are connected with his name?

What are the units of the Pirogov Regional Clinic Hospital?

- Polyclinic
- Emergency

- Intermediate
- cardiological
- ophthalmological
- intensive care
- surgical
- pathological
- laboratories
- food service department

11) T: And to finish the lesson let's have fun. It will be a surprise for our guests.

A story: At the lesson of Ukrainian Literature. (назва на екрані)

P1 : Hush! Vasy! Vasylich is coming!

V.V.: Hello children! Nice to see you.

Ps : Nice to see you too.

V.V.: Thank you. Sit down. Your task was to learn the poem "... " by heart. _____ will you start?

P1 : I can't V.V. I have a splitting headache.

V.V.: I'm sorry for you. _____ will you recite the poem?

P2 : Sorry V.V. but I can't either. I have an awful toothache.

V.V.: Well, then may be _____ will recite the poem/

P3 : I can't either. I have a high temperature.

V.V.: Then maybe _____ will do this?

P4: Oh, no! I have a sore throat. It may be quinsy.

V.V.: And what about _____?

P5 : Oh! I have a bad cough and a runny nose. It may be the flue.

V.V. : And what about _____?

P6 : I have a terrible earache.

V.V. : How are you _____?

P7 : Oh! I have broken my arm and it is aching.

V.V.: _____, what has happened to you?

P8 : I fought with my sister and now I have a bruise and a blister.

V.V. : And what is the matter with you _____?

P9 : I have cut my finger and it is bleeding all the time.

V.V. : And you _____?

P10 : I have a stomachache because of a food poisoning.

V.V. : And you _____?

P11 : I have sprained my ankle and now I feel unwell.

V.V. :And you _____? Why haven't you learnt the poem?

P12 : I have high pressure.

V.V. : _____, will you rescue us?

P13 : I can't see anything. I am short - sighted.

V.V. : Oh! I feel a pain in the heart. Call for a doctor.

P14 : Valentina Volodymirivna, help! Help! V.V. has got a heart attack.

D. : Well, well, well. V.V. take this pill and this mixture. Boys, put V.V. on the stretcher and carry him to the ambulance.

Ps : V.V., forgive us! We promise to study well.

V.V. OK my dear. I hope you'll be good pupils and do your best at the next lesson.

Additional exercises

Task Answer the questions using the words: lame, blind, long-/far-/sighted, deaf and dumb.

When is a man unable	to play football? to read a newspaper at a short distance? to cross the street alone? to speak? to become a sportsman?
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Task Fill in gaps

Pat__ _nt __ _ emist
 Bl__ _d pre__ _sure ambul__ _nce stoma__ _ache
 H__ _art atta__ _ doct__ _r thro__ _t
 In__ _ect__ _on __ _armacy pediatri__ _an
 Heada__ _e tempera__ _re tre__ _t
 co__ _gh pn__ _um__ _nia

Patient chemist
 Blood pressure ambulance stomachache
 Heart attack doctor throat
 Injection pharmacy pediatrician
 Headache temperature treat
 cough pneumonia

Task Unscramble the words.

1. pehl _ _ _ _ help
2. tocdor _ _ _ _ _ _ doctor
3. trhu _ _ _ _ hurt
4. ntmeteatr _ _ _ _ _ _ _ _ _ _ treatment
5. ryjuin _ _ _ _ _ _ injury
6. ealhth _ _ _ _ _ _ health
7. cidimene _ _ _ _ _ _ _ _ medicine
8. uecr _ _ _ _ cure
9. nesslli _ _ _ _ _ _ illness
10. seadise _ _ _ _ _ _ disease

11. icsk _ _ _ _ sick

12. nipa _ _ _ _ pain

Task Fill in the gaps with one word.

- a) If you feel unwell, first of all it is necessary to turn to the p_____ .physician
- b) The doctor e_____ you carefully. examines
- c) The doctor p_____ medicines. prescribes
- d) The doctor t_____ sick people. treats
- e) It's very i_____ to follow the doctor's directions. important
- f) Every day s_____ make operations. surgeons
- g) Experienced doctors and n_____ work day and night to help sick people. nurses

Task Divide this long word into the smaller ones.

Ambulancepatienttemperaturehealthappetitecoughheadachestomachsorepre
scriptionpulsebreathointmentchemistphysiciandumbdiagnosisdiagnosed deaf
surgeonwoundthermometertonguesanatoriumtroubleiodinetuberculosisscarlet
fevermeaslespneumoniacurableincurable

III Homework

Summarizing